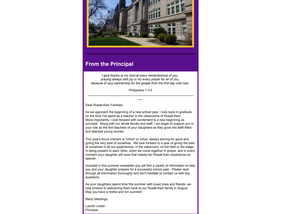
Roman-Kain High School.

Roman Catholic Boys Secondary School
Founded by Christian Brothers in 1955
Sponsored by the Sisters of Charity of Nazareth

Sunrise Parent Newsletter

June 30, 2022



From the Principal

I pray thanks to my God at every remembrance of you, praying always with joy in every prayer for all of you, because of your partnership for the gospel from the first day until now.

Philippians 1:3-5

Dear Roman-Kain Families,

As we approach the beginning of a new school year, I look back in gratitude at the year that has passed and I look forward with anticipation to what lies ahead. I look forward with excitement to a new beginning as we welcome our new students and their families to our school community. I look forward with joy and hope as the first teachers of our daughters as they give into faith-filled and talented young women.

This year's focus phrase is "virtue" or virtue always strong for good and evil. Virtue is a habit, a disposition, a power, a force, a power, a force, a power. If conscious of an experience, in the classroom, or the field, or the stage, or the pool, or the court, or the dance floor, or the chapel, I pray that our young women will have that mature Ro-Kain experience as they grow.

Included in this summer newsletter you will find a variety of information to help you and your daughter prepare for a successful school year. Please read the information thoroughly and don't hesitate to contact us with any questions.

As your daughters spend time this summer with loved ones and friends, we encourage you to remind them that they are Roman-Kain family. Support they, you have a restful and fun summer!

Merry blessings,

Laurel Lodder
Principal

Summer Paperwork - COMING SOON

Continuing with the 2022-2023 School Year, all REQUIRED paperwork must be filled out electronically entirely through Skyward. Please log into your Skyward Family Access account, fill out the instructions, and fill out the forms by **Monday, August 15, 2022.**

IMPORTANT: Please be on the lookout for a SEPARATE email listed as "Skyward Family Access - Forms Ready" for instructions on what you will need to complete, and what is available, that email is sent.

NOTE: Your daughter will be unable to attend school on August 18th if Skyward paperwork is not completed.

Please contact Mrs. Lodder (lodder@rkhs-sdc.org) with any questions, please contact Mrs. Lodder (lodder@rkhs-sdc.org).

Attention incoming freshmen and transfers: you will be receiving your Skyward Family Access account and forms a little later than the rest of the school. Upon receiving the login, you will follow a slip of your daughter's schedule and learn more about the classes and activities. Please wait a little longer for this email, and the login details will be in that email.

Forms to be completed:

Emergency Card

Parent Info Form

Technology Agreement

Nurse Form

Handbook Acknowledgement

Training Permit Form

Lunch Money Form

For incoming Freshmen and Transfers ONLY:

Copies of Final Grades for Mrons Contract

Fr. Agreement

Back to School - Thursday, August 18, 2022

(Freshmen Orientation)

Freshmen will be invited to attend a Learning Commons entrance on Newsboys school between 2 and 4 pm. Freshmen may bring their school pictures with for lanyard. Please see the Student Handbook for dress down days and other information. Upon entering the Learning Commons, Freshmen parents are welcome to join in the Learning Commons and see any of the activities that are going on that day.

(Transfer Orientation)

WELCOME! We are so excited that you will be joining Roman-Kain family. All transfer students should arrive via the Learning Commons entrance on Newsboys school between 2 and 4 pm. Please see the Student Handbook for dress down days and other information. Please wait for Student Ambassadors to meet you and your daughter at the Learning Commons entrance. Parents of transfer students are welcome to join in the Learning Commons activities and meet the staff and other Roman-Kain families.

(Current Sophomore, Junior and Seniors)

Cafeteria/Concession: Please arrive any time between 8:30am and 10:00am. Please see the Student Handbook for dress down days and other information.

Friday, August 19, 2022Day 1[illegible]

Regular Schedule 8:00am-2:40pm

Please see the Student dress code and in advance by 8:00am. Cafeteria: Dri-now available.

From the Office

A reminder that the Main Office will be **CLOSED** on July 4th. We will resume normal office hours (**7:30am-3:30pm**) on Monday, July 5th, 2022.

Without the office will be closed, we will be checking our voicemail. Please feel free to leave us a message at 314-533-6010, and we will return your call as soon as possible.

For more information on upcoming events, please click here: Forest Park Calendar.

All Families

Tuition Payment Plans

Tuition payment plans are a fee and are keeping more current. Your prompt payment keeps R-K running smoothly. Only students with current payment plans will be allowed to participate in Back to School Night activities. Contact Stephanie Kopsa at 314-533-6010 ext. 2204 or skopsa@roman-kain.org to verify tuition plans.

Tuition payment plans are recommended that emergency information, address updates, and phone number updates are kept current. Please update your information in Skyward if you move. If you get a new phone number, if your email address changes. You may also call the Front Office at 314-533-6010 ext. or of any changes.

Important Dates:

Back-to-School Night - Tuesday, August 23rd (6:30pm)

- Make the most of back-to-school night. It's a valuable opportunity to meet your daughter's teachers, learn about their classes, and ask questions. During this night, you will follow a slip of your daughter's schedule and learn more about the classes and activities. Please arrive at 6:30pm and follow the slip of your daughter's schedule and learn more about the classes and activities.

Open House - Sunday, October 23rd, (12:00-4:00pm)

P.A.R.K. (Parents Assisting Roman-Kain)

The support of the PARK volunteers is invaluable to the R-K community. Our volunteers are the backbone of our school community. Our mission is to be parent involvement. PARK provides a framework for parents to volunteer their time and talents to the school community in a variety of ways. The events and activities at which R-K ambassadors needed volunteers are listed in the link below.

P.A.R.K. EVENTS 2022-2023

Please indicate the events at which you wish to participate. The event chair will contact you with further your availability prior to the event. Thank you so much for your help!

Upcoming Events

Mother's Club Happy Hour (Incoming moms invited and encouraged to attend)
3-5 on Thursday, July 28th from 5-8pm

Dad's Club Kickoff (Incoming dads invited and encouraged to attend)
Saturday, August 6th, 10-3pm at Forest Park.

Kougar Kloset Resale Event/Uniform Sale

Save your calendars for the annual Kougar Kloset resale event!

When: August 6 from 9am-2pm each day
Location: Entry door of or will be available for 2-3 years and gone will be $0 sale!!. Note items in the Kougar Kloset are only available for purchase.

FRESHMEN: Class of 2026 Information

From the Office: This is a reminder that we will need a copy of your student's current physical (received within the past year) and a list of their immediate immunizations on file before we begin at Roman-Kain. Please email a copy of the form to Mrs. Lodder.

Please note: If your student plans on attending sports at Roman-Kain, we have to have the MHSAA physical form on file. This form is **required**, and no student-athlete will be allowed to participate in practices, games, and tryouts unless, and not be accepted. **[illegible]**

You can find these forms in 314-533-1616 email them to Mrs. Carlos (carlos@roman-kain.org) or Mrs. Lodder (lodder@rkhs-sdc.org) **[illegible]**

From the Health Department: Attention All Incoming Freshmen Parents: **[illegible]** regarding immunizations for the 2022-2023 School Year.

Shipping Calculation: Incoming freshmen at R-K are required to purchase a graphing calculator, which will be part of their plans. Before making a purchase, please check with your student's teacher. Our teachers have researched the desired technologies available from the leading calculator companies and have determined that the TI-84 Plus CE is the best choice. Plus calculator. The color or CE version is preferred, but an older model is acceptable. Please, do not purchase a graphing calculator, it is a discounted price of $10. The calculators will be available for pick up at Back to School Night on August 23rd see website www.roman-kain.org for order given below.

School Supplies: Roman-Kain does not have a specific school supply list for any grade levels. Individual teachers will let students in the first day of class what they need for their classes. Lists will be posted on classes and available for incoming freshmen, in general, students will need notebooks, pens, pencils, and binders. Teachers will let students know what they will be expected for, please see **[illegible]**

PARENT COALITION MEETINGS - REQUIRED

Every parent of an incoming freshman is requested to attend ONE parent coalition meeting. The **LATEST** dates and times are listed below. Please contact Mrs. Lodder (lodder@rkhs-sdc.org) with any questions or scheduling meetings. Click **HERE** for the list of dates and locations.

SENIORS: Class of 2023 Information

Senior Meeting: Members of the Class of 2023 and at least one parent/guardian are invited to attend a meeting on Tuesday, August 23rd immediately after Office of Student Services will present on the upcoming senior year. Please, please, please, make every effort to attend this important meeting.

Prior to Attend: Tuesday, August 23rd at 3:30p.m.

From the Office:
A reminder that we will need your student's **second mandatory/optional immunization** on file before the first day of school, Monday, August 22nd and August. You can email to: jdunne@roman-kain.org, fax 314-533-6010, or drop off in the Student Services Office.

Student/Parent Handbook

The 2022-2023 student/parent handbook can be found **here**. Students will receive a hardcopy on the first day of school in their student planner.

Dress Code Changes and Reminders

The full dress code can be found on page 24 of the **Student Handbook**.

However, here are some important reminders and some new updates to help students prepare for the first day of school:

- Uniform skirts must be no more than a hand-width above the knee and modesty shorts, bodysuits, and uniform. Please dress skirts hemmed accordingly.
- **New this year:** All long-sleeved items worn over the uniform polo must be a solid color. Long-sleeved items worn under the polo may be patterned.
- **Lanyards** must be worn around the neck at all times.
- **Hoodies** may be worn on Wednesday and Friday uniform days, but **no plain solid black** and may be worn layered over a cardigan.
- **Hoodies** may be worn on Spirit Days and Friday Dress Down days but are permitted. Visible tattoos are not permitted.
- Casual dresses, sandals, and athletic shoes may be worn. No flip-flops, crocs, or open toed shoes are allowed at any time.
- Shorts or shorts must be solid black (no tints) with no outside pockets, no cargo shorts.

2022-2023 Policies

All Students:

Please be sure to read over your student handbook carefully for policies and procedures. Please find the information for specific details on our most frequently asked questions.

All Parents and Students:

Reporting an Absence:
All absence notes must be emailed to rkattendance@roman-kain.org, Absence notes will be accepted for up to 2 days after the absence, unexcusedness, we cannot excuse the absence without WRITTEN note or phone call.

If your daughter will be arriving late to school due to an appointment, family emergency, etc. (off the school ya early for school), we will be ECO email an email to rkattendance@roman-kain.org. Please send all late arrivals and absences to the email address. If your daughter is late to school and is NOT ACCO of time, we will be able to get your child an early dismissal slip that day, but we will need a note or phone call from the parent/guardian at the time. If we aren't aware of the early dismissal, we will have to locate her and bring her to the office, which is disruptive to classes. In emergency circumstances make it impossible to email or email of time, however, it is better to absence the early dismissal process for 2022-2023, the PLEASE EMAIL rkattendance@roman-kain.org.

Drop-Off Procedures:
Students arriving between 7:15 and 7:45 a.m. are asked to enter through the Newsboys entrance and go to the Learning Commons. Students will be asked to leave the same way (outside) 8:45 a.m. Students arriving after 7:45 a.m. will need to enter through the main entrance and sign in in the Front Office. Please do not use the Engineers Club parking lot. **Please do NOT block the sidewalk or car when dropping off or picking up your daughter.**

Parkwalker
The school day begins with the 7:30 a.m. warning bell, and students should be in their first period class by 7:45 a.m. Students who are not in their seats at 7:45 a.m. will be marked tardy. Students who given a grace period of 5 tardies each semester before receiving a demerit. After the 5 tardy threshold is reached, a demerit is assigned daily as needed. Tardy

Homework
Roman-Kain is a college-preparatory school, and **students are expected** to work hard. We want our students to be prepared for the rigors of college and that staying current with their homework contributes to their success.

Cell Phones
We have a strong relationships with Willow Kougars is such an integral part of the high school experience, student cell phone usage is not allowed in classes. Cell phones are allowed in the hallways and lockers, but should be put in locker during class or in assigned spot. Cell phones are not allowed in the cafeteria. Students who are caught using their cell phone in class will have their cell phone confiscated and will need to be picked up by a parent/guardian. If they are not feeling well, they need to come to the office and call home. Cell phones are not allowed during tests.

Waiting for Rides
The school building officially closes at 3:15pm on normal school days. Students who are waiting for rides should be in the Learning Commons. Continuous, under no circumstances may a student stay alone in the building. Students who are waiting for rides will be sent to the Learning Commons. 3:30pm unless the student is part of a supervised after school activity. Students who are waiting for rides will be sent to **the Gym**. They may not leave campus and come back.

Food
No food may be purchased from the cafeteria, cafeteria vending machines, or brought from home. Under no circumstances may food be ordered to the school and delivered to the classroom. No exceptions.

Lockers
Students are expected to lock their lockers and keep the combination to themselves. If left unlocked, someone else may "borrow" something. The school is not responsible for items that are stolen. If a locker needs a lock and combination, it will need to be removed.

Dressing for Dances
Dress for dances is expected to be properly attired. Dress for an afternoon dance must be modest and appropriate for the occasion. An evening dance requires a more formal dress. Dress for a school dance should be age and appropriate. Body piercings and tattoos should not be visible.

Cafeteria Information

Cafeteria service begin on **Friday, August 19th**. For more information on how to sign up/add money to your student's account please see the following link:

Safe Meal Card Form

Protecting God's Children

All parents who wish to volunteer at any R-K event or activity are required to be in compliance with the St. Louis Archdiocese Protecting God's Children Program. Please contact Mrs. Lodder (lodder@rkhs-sdc.org) for more information. Volunteer must complete a Protecting God's Children Workshop, Transport and Chaperone Form, and Volunteer Application. Volunteers must also complete a criminal check, and sign the Archdiocesan Code of Ethics form. Information on Protecting God's Children, the Code of Ethics, and the Volunteer Application can be found on the R-K website at https://roman-kain.org/protecting-gods-children/.

Therapy Dog Information

From Mrs. Burkar:

For those of you who haven't met her yet, meet Kaya! She's an all-around best great companion and Therapy Dog. Please check out the full bio and read a letter regarding Edge. If you do not wish for your child to participate in Edge's Therapy Dog program, please let your child's teacher know at the start of the year.

MEET EDGE!

Required Service & Campus Ministry

Parents and students:

In preparation for next school year 2022-2023, student requirements and timelines are listed:
Class of 2023: 70 hours are due Oct. 29 (counting from July 2022 to October 29, 2022)
Class of 2024: 60 hours are due Dec. 15 (counting from July 2022 to Dec. 15, 2022)
Class of 2025: 50 hours (between Aug. 15, 2022 and Dec. 15, 2022)
Class of 2026: 15 hours (between Aug. 15, 2022 and Mar. 31, 2023)

Retreats are also required each year. Next year's retreat offerings are listed below. Students will be able to sign up for retreats on their sign-up sheets (on mandates).

Class of 2023 - Senior Retreat Nov. 10, 2022
Class of 2024 - Junior Retreat Nov. 11 or March 1
Class of 2025 - Sophomore Retreat Dec. 2, 2022
Class of 2026 - Freshmen Retreat Oct. 12, 2022

Opportunities to join retreat ministry team, and worship teams, will be available in the fall. Please contact Campus Ministry Director Jim Dunne (jdunne@roman-kain.org) prior to class and more information.

From the Athletic Department

Dear Roman-Kain Community,

My name is Jim Powers and I am excited to be the new athletic director here at Roman-Kain.

I want to thank all of you for your patience and flexibility as I am in the process of starting my journey as a member of the Roman-Kain family. One of the things that I would like to stress is that we are going to provide an environment where our student-athletes are treated like family. We want the high school level and in its eight years working in collegiate athletics, the importance of the student-athlete experience at the collegiate level is tied to academically, athletically, and spiritually. The athletic department and our coaches are committed to season our student-athletes in preparing for the next chapter of their lives.

Fall practices and tryouts will begin on Monday, August 8. We will have a meeting for parents of all fall athletes on Monday, August 8 at 6:30 in the Gym for fall athletes. I would like at least one parent and your daughter to be present at this meeting. This will give our parents an opportunity to meet the coaches, learn about the expectations for their daughter, and be able to answer any questions that you may have and go over contact information. Please, if your daughter is a fall athlete, plan on coming to her at the spring tryouts in January.

Tryout Information

Freshmen: 7:30 a.m. in Forest Park. Meet at Longview field and line up east end of Dwight Davis tennis courts. Please wear good running shoes and bring a water bottle. Contact Coach Freeman (cfreeman@roman-kain.org) with any questions.

Field Hockey - 4:30 - 7 p.m. at the University City High School Field located at Hanley and Shaftesbury.

Monday August 8: First Day of the Season and Day One of Tryouts. The Coach will be at the field at 4:30 to determine a team and run the Cooper Cooper Test.

Volleyball - 8 a.m. - 9 p.m. at the Roman-Kain Gym.

Tennis - 3:30 - 5 p.m. at Dwight Davis Tennis Center in Forest Park.

Equipment: Students need to bring sport-specific equipment to the tryouts. Please, please, please, make every effort to be at the tryouts.

Healthy Roman-Kain/Athletic Physical Collection Platform:
Sponsored through SSM Go to Hospital. Parents/Students must have forms completed prior to tryouts. Forms are available online and can be completed at a respective tryout time and location on tryouts. Additionally, we will run a table at the Back to School Night on August 23 in the Gym. If you are signing up at an indie team or you, please contact a your Athletic Director Kinsel-Kain Athletic Trainer at (kinsel@roman-kain.org).

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