



Faith Formation, Service & Outreach at Rosati-Kain

Campus Ministry at Rosati-Kain seeks to empower students for taking ownership of their faith formation

- in prayerful personal and communal reflection,
- meaningful liturgical practice,
- selfless service,
- and outreach focused on accompaniment and solidarity,

all modeled after Jesus Christ.

The Campus Ministry Office provides resources for students to connect to-- as well as processes and framework for evaluating--growth and integration, and especially personal support and community. Activities that students choose will nurture a rich interior life of prayer and reflection, and inspire in them a desire to take action for the service of others. It is personal and communal, allows for exploration and exercise, and guides towards a particular and lifelong response to God's call.

With the goal of demonstrating increased growth, depth, and personal capacity for a life of service, solidarity and reflection, students may accrue experiences during the school year, as well as summers in between years:

- **Freshmen (15 hours) due in April**
- **Sophomores (25 hours) due in April**
- **Juniors/Seniors (60 hours, total): due by October of Senior year**
- ***Class of 2021 will have 75 hours due Feb. 2021**

The total number of hours acquired during their years at Rosati-Kain will be 100.

Looking back on the years of growth, the variety of experiences, and looking forward to a life beyond graduation still dedicated to service and reflection, seniors will conclude their time in a **Capstone reflection: due by February Senior year.**

What's this? In addition to the junior service commissioning in the spring of junior year, and providing for time over the summer to accumulate hours, seniors will turn in completed hours and proactively reflect on areas where their own talents and experiences will compel them to acts of service and accompaniment in their lives beyond graduation. They may utilize junior service experiences to inform a reflection on and discussion of future activities, identifying a need, applying their abilities, and inquiring about where to begin, what to consider, who is impacted, and how Jesus' example will guide us in meeting the need.

it is not the actual physical exertion that counts towards one's progress, nor the nature of the task, but by the spirit of faith with which it is undertaken

ST. FRANCIS XAVIER





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Throughout the school year, Campus Ministry will provide a variety of activities for students to self-select. Some activities will be reflection-oriented (prayer, faith study, theological reflection) and some will be action-oriented (service, outreach, outings, interpersonal connection). A mix of both is required, with room to choose as a means of exploring for personal growth. Participation in one-time events as well as on-going serial opportunities will be

- recorded using MobileServe software to collect number of hours spent in these experiences
- and will also come with prompts for reflection
 - photographed with captions
 - written
 - artistically expressed
 - or shared with Campus Ministry through personal or group discussion.
- *Both quantified hours and qualitative reflective narratives must accompany the record of activities, and be signed by an activity supervisor like a volunteer coordinator, faculty or staff (or guardian, circumstances necessitating).*

Below are program options Campus Ministry will make available to individuals and to groups. This list is not exhaustive, and students may request permission or supervision to create other opportunities, individually or in small groups.

Reflective

Active

<ul style="list-style-type: none"> ● Liturgy of the hours <ul style="list-style-type: none"> ○ Morning prayer ○ Evening prayer ● Rosary ● Stations of the Cross ● Lectio divina (scripture reflection) ● Adoration ● Marian and saintly devotion ● Intentional prayer small groups ● Bible topic study, writings of saints, sacred reading (one session or serials) ● Seasonal prayer (Advent, Lent, Ordinary Time, Christmas, Easter) ● Engaging faith in media (podcasts, news, movies, books) ● Visio divina (art reflection) ● Via divina (pilgrimage reflection) ● Guided meditation ● Centering prayer ● Taizé prayer ● Leadership within optional retreats 	<ul style="list-style-type: none"> ● Mass and prayer service <ul style="list-style-type: none"> ○ Lector/leader ○ Altar server ○ Eucharistic minister ○ Music ministry ○ Worship space set up ● Public witness (for unborn, for Black lives, for victims of violence, for environment) ● Almsgiving (CRS Rice bowls, charitable organizing) ● Works of Mercy <ul style="list-style-type: none"> ○ Food pantries and drives, soup kitchens ○ Homeless outreach ○ Clothing, supplies drives ○ Outreach to sick, elderly ○ Support for healthcare workers, clergy ○ Teaching, tutoring, mentoring ○ Childcare, companionship ○ Immigrant community support ○ Cemetery clean up
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- **Freshmen (15 hours) due in April**
 - 5 hours Reflective / 5 hours Active / 5 hours choice
- **Sophomores (25 hours) due in April**
 - 8 hours Reflective / 10 hours Active / 7 hours choice
- **Juniors/Seniors* (60 hours, total): due by October of Senior year**
 - 10 hours Reflective / 35 hours Active / 15 hours choice
- ***Class of 2021 needs to complete 75 hours between 8/2019 and 2/2021**

FAQs

How do I track my hours? MobileServe app allows you to log your hours and activities within your personal account. Supervisors can even sign digitally. Ms. Brennan will be able to see and approve your hours.

How do I find things to do? MobileServe has a calendar of events which R-K has approved or created. Pick some of those, or come up with service projects to do in your home, neighborhood, or here at school. Check the “menu” above and come to Ms. Brennan with any questions or suggestions for activities.

When can I acquire hours?

Class of 2024: July 2020 to April 2021

Class of 2023: July 2020 to April 2021

Class of 2022: Sep. 2020 to Feb. 2022

Class of 2021: Sep. 2019 to Feb. 2021

Counting from Aug. 2019, you may log hours from approved activities that you have completed during school hours or during your own time as a student at R-K.

What “counts”? Within MobileServe, you can see categories for Active and Reflective. Both types are important for developing YOU as a person of service and solidarity. Active and Reflective categories within the menu, and marked as categories in MobileServe, have further sub-categories like *witness*, *discussion*, *personal prayer*, *service to youth*, etc. If you’re not sure about something, ask Ms. Brennan. With this year’s limitations on how we do service, we are aiming to take the opportunity to understand service in broader ways. Chalking your neighborhood sidewalks so students doing home-learning can play hopscotch or see an encouraging message? That’s service. Calling a homebound person to see how they’re doing? Picking up someone’s Instacart order and dropping it off so they can stay home? Checking your younger sibling’s school work? Never forgetting to wear your mask in public spaces? These are acts of service.

What if I have an idea for something else? Awesome! If you’re connected to an agency you’d like to help, if you have an idea for fulfilling a need you see, if you’re curious about how you can help with an issue in our community...let’s talk. Ms. Brennan can help you find resources, and/or she or another faculty member can advise you on a project or activity that you self-lead.



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Who sees my MobileServe activity? You will have a personal account to track your activity. You can choose to share certain activities if you'd like to invite friends to join you at an event. The Campus Minister, R-K administrators, and College Guidance staff will be able to see activities you've completed. This helps ensure you meet service requirements for graduation, and also helps build a service resumé for college and scholarship applications.

How should I complete my reflection narrative? R-K students excel in their intellect, leadership and service. We want to see that you are not only *doing* but also meaningfully reflecting on the experience. Some question prompts can be made available to help you discover meaning. A service experience is never finished if the memories, questions, lessons and relationships from it continue to spark thought and inspire you to more service. E.g. *What problems did I hope to solve? What challenges or uncertainties did I encounter? What skills and talents of mine did I need to use? What additional characteristics did I need to develop, or what personal tools would have been helpful?*

Some ways you can complete the narrative portion of your service requirement include: take pictures and tell what you did, whom you encountered, what you learned, what more you want to know; make a collage or art piece expressing something about the experience and what you carry with you; keep a service journal or type up a reflection document, answering the question prompts provided; participate in a small group discussion to share what you and others did; make an appointment with Ms. Brennan to talk through your experience, demonstrating that you've integrated the experience into who you are/becoming; write a poem or prayer about the experience. Get creative!

Who sees my reflection narratives? Ms. Brennan will be the primary supervisor. Some activities, especially if they are guided by another faculty member, could be reviewed by that person. Your experience and how you process it is your own, and Ms. Brennan will always get your permission before sharing your projects or reflections with other staff.

Who is the supervisor who needs to sign for my hours? Anyone who supervises your service activity: a volunteer coordinator at an agency or organization, a parent/guardian overseeing household service, a school faculty or staff coordinating an activity.

What if I don't turn in my hours on time? Penalties at school will be applied to anyone late in completing their hours and narratives, including scheduling, loss of open campus privileges, or limiting your participation in club activities. If you've run into serious problems fulfilling your hours, please contact Ms. Brennan so we can review your potential activities and find ways to meet your requirements for graduation. Seeing you succeed is our goal!