



# ROSATI-KAIN HIGH SCHOOL



## SEPTEMBER 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
HOMESTYLE FRESH		Chicken, Parmesan Crusted Breast		Chicken Salad	Chicken Drumsticks, Home Style
EXTRA EXTRA	NO SCHOOL	Potatoes, Homemade Cheddar Mashed	NO CAFÉ	Potatoes, Oven Roasted Rosemary	Potatoes, Homemade Mashed
VEGETARIAN		Bosco Breadstick		Pasta Con Broccoli	Green Beans, Seasoned
DAILY SPECIAL		Chicken Chunks	FACULTY MEETING	Corn Dogs, Mini Turkey	Tacos, Mini
WRAP IT UP!		Wrap, Chicken Caesar		Wrap, Grilled Chicken Spinach	Wrap, Chicken Ranch
OFF THE GRILL		Chicken Breast, Fresh Grilled Herb		Chicken Breast, Grilled Seasoned	Quesadillas, Cheese
HOT OFF THE PRESS		Panini, Philly Roast Beef on Garlic Toast		Panini, Chicken, Tomato, and Mozzarella	Panini, Grilled Chicken Supreme
	9	10	11	12	13
HOMESTYLE FRESH	Chicken Breast, Herb Marinated	George's Chicken Filet	Meatballs, Homemade Italian	Taco Salad in Edible Bowl	Fish, Tacos with Cabbage and Cilantro
EXTRA EXTRA	Potatoes, Sophie	Corn, Seasoned	Bread, Garlic Cheese	Potatoes, Seasoned Curly Fries	Potatoes, Homemade Au Gratin
VEGETARIAN	Vegetables, Cheesy	Pretzel, Bavarian	Broccoli, Steamed	Pasta, Cheese Tortellini	Onion Rings, Battered
DAILY SPECIAL	Ravioli, Louisa Toasted Beef	Pork, Carolina Pulled	PIZZA, PAPA JOHNS	Chicken, Strips of Fire	Ravioli, Louisa Breaded 4-Cheese
WRAP IT UP!	Wrap, Grilled Chicken	Wrap, Buffalo Chicken Ranch	Wrap, BLT	Wrap, Chicken Caesar	Wrap, California Club
OFF THE GRILL	Chicken Breast, Grilled Seasoned	Quesadilla, Pepper Jack Cheese	Burger, Hand Pattied	Burger, Hand Pattied Mushroom & Swiss	Sandwich, Grilled Cheese
HOT OFF THE PRESS	Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella	Panini, BLT on Sourdough	Panini, Grilled Chicken Supreme	Panini, Chicken Bacon Ranch
	16	17	18	19	20
HOMESTYLE FRESH	Turkey Burger, Homemade	Chicken Fajitas	Chicken Strips, Hand Breaded	Chicken, Thigh on Skewer	Fish, Baked Tilapia
EXTRA EXTRA	Pasta, Orzo with Parmesan	Green Beans, Seasoned	Potatoes, Homemade Au Gratin	Potato Coins	Pasta, Home Style Macaroni & Cheese
VEGETARIAN	Potatoes, Oven Roasted	Salad, St. Louis Hill	Vegetable Medley	Stir Fry Vegetables	Fish, Shrimp Basket
DAILY SPECIAL	Chicken, Ring Things	Chicken, Popcorn	Nachos, Cowboy Style	Pig-in-a-Blanket	Cheese Sticks, Mozzarella
WRAP IT UP!	Wrap, Chicken Caesar	Wrap, California Club	Wrap, BLT	Wrap, Chicken Ranch	Wrap, Chicken Caesar
OFF THE GRILL	Burger, Hand Pattied	Burger, Hand Pattied Mushroom & Swiss	Burger, Hand Pattied	Chicken Breast, Fresh Grilled Herb	Sandwich, Grilled Cheese on Texas Toast
HOT OFF THE PRESS	Panini, Grilled Chicken Supreme	Panini, Chicken Bacon Ranch	Panini, Philly Roast Beef on Garlic Toast	Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella
	23	24	25	26	27
HOMESTYLE FRESH	Chicken, Parmesan Crusted Breast	Chicken, General Tso's	Pasta, Fettuccini Alfredo	Taco, Soft	Fish, Fried Cod
EXTRA EXTRA	Potatoes, Oven Roasted	White Rice	Bread, Garlic Cheese	Garlic Noodles	Green Beans, Seasoned
VEGETARIAN	Pasta, Cheese Tortellini	Egg Roll, Vegetable	Corn, Seasoned	Pizza, Flat Bread Cheese	Ravioli, Louisa Breaded 4-Cheese
DAILY SPECIAL	Chicken, Boneless Drumsticks	Crab Rangoon	Chicken, Strips of Fire	Corn Dogs, Mini Turkey	Chicken, Ring Things
WRAP IT UP!	Wrap, California Club	Wrap, Grilled Chicken	Wrap, Chicken Caesar	Wrap, Chicken Ranch	Wrap, CBLT Chicken Bacon Lettuce Tomato
OFF THE GRILL	Chicken Breast, Fresh Grilled Spicy	Chicken Breast, Fresh Grilled Cheddar & Bacon	Sandwich, Grilled Cheese on Texas Toast	Burger, Hand Pattied	Burger, Hand Pattied Mushroom & Swiss
HOT OFF THE PRESS	Panini, Grilled Chicken Supreme	Panini, BLT on Sourdough	Panini, Chicken, Tomato, and Mozzarella	Panini, Grilled Chicken Supreme	Panini, BLT on Sourdough
	30				
HOMESTYLE FRESH	George's Chicken Filet				
EXTRA EXTRA	Onion Rings, Battered				
VEGETARIAN	Bosco Breadstick				
DAILY SPECIAL	Ravioli, Louisa Toasted Beef				
WRAP IT UP!	Wrap, Chicken Caesar				
OFF THE GRILL	Chicken Breast, Fresh Grilled Spicy				
HOT OFF THE PRESS	Panini, Chicken Bacon Ranch				
DAILY GRAB-N-GO	Salad Bar	Gourmet Salads	Bagels & Cream Cheese	Fresh Vegetables	Assorted Snacks
	Specialty Salad	Cold Sandwiches	Bosco Stick	Assorted Dips	Assorted Beverages
Menu Subject to Change			Yogurt Bar	Fresh Fruit/Seasonal	



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