



ROSATI-KAIN HIGH SCHOOL



NOVEMBER 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOMESTYLE FRESH					Fish, Tacos with Cabbage and Cilantro
EXTRA EXTRA					Pasta, Home Style Macaroni & Cheese
VEGETARIAN					Vegetables, Cheesy
DAILY SPECIAL					Chicken, Strips of Fire
WRAP IT UP!					Wrap, Chicken Caesar
OFF THE GRILL					Burger, Hand Pattied
HOT OFF THE PRESS					Panini, BLT on Sourdough
	4	5	6	7	8
HOMESTYLE FRESH		Chicken Salad		Chicken, Thigh on Skewer	Fish, Baked Lemon Pepper Tilapia
EXTRA EXTRA	NO SCHOOL	Potatoes, Homemade Au Gratin	NO CAFÉ	Garlic Noodles	Potatoes, Parmesan Red
VEGETARIAN		Bosco Breadstick		Salad, Caesar	Quesadillas, Cheese
DAILY SPECIAL		Chicken Sliders	FACULTY MEETING	Ravioli, Louisa Toasted Beef	Pizza, Tony's Cheese
WRAP IT UP!		Wrap, Buffalo Chicken Ranch		Wrap, CBLT Chicken Bacon Lettuce Tomato	Wrap, Veggie Lover's
OFF THE GRILL		Chicken Breast, Fresh Grilled Herb		Quesadilla, Pepper Jack Cheese	Chicken Breast, Fresh Grilled Spicy
HOT OFF THE PRESS		Panini, Ham & Pesto		Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella
	11	12	13	14	15
HOMESTYLE FRESH	Meatballs, Homemade Beef	Chicken Strips, Hand Breaded	Taco, Soft	George's Chicken Filet	Mostaciolli, Homemade
EXTRA EXTRA	Potatoes, Sophie	Pasta, Orzo with Parmesan	Potatoes, Seasoned Curly Fries	Potatoes, Homemade Mashed	Bread, Garlic Cheese
VEGETARIAN	Stir Fry Vegetables	Soup, Potato	Salad, St. Louis Hill	Bosco Breadstick	Pretzel, Bites
DAILY SPECIAL	Chicken, Buffalo Popcorn	Pig-in-a-Blanket	Pork, Carolina Pulled	Chicken, Tyson Strips	Ravioli, Louisa Breaded 4-Cheese
WRAP IT UP!	Wrap, BLT	Wrap, California Club	Wrap, Chicken Caesar	Wrap, Grilled Chicken	Wrap, Grilled Chicken Spinach
OFF THE GRILL	Chicken Breast, Fresh Grilled Southwest	Chicken Breast, Fresh Grilled Cheddar & Bacon	Sandwich, Grilled Cheese	Chicken Breast, Grilled Seasoned	Sandwich, Ultimate Grilled Cheese
HOT OFF THE PRESS	Panini, BLT on Sourdough	Panini, Philly Roast Beef on Garlic Toast	Panini, Grilled Chicken Supreme	Panini, Ham & Pesto	Panini, Chicken Bacon Ranch
	18	19	20	21	22
HOMESTYLE FRESH	Chicken Drumsticks, Home Style	Chicken, General Tso's	Pasta, Fettuccini Alfredo	Chicken Parmesan, Grilled	Fish, Tacos with Cabbage and Cilantro
EXTRA EXTRA	Potatoes, Homemade Cheddar Mashed	Rice, White	Green Beans, Seasoned	Potatoes, Homemade Mashed	Potato Coins
VEGETARIAN	Vegetables, Cheesy	Egg Roll, Vegetable	Bosco Breadstick	Pretzel, Bavarian	Pasta, Cheese Tortellini
DAILY SPECIAL	PIZZA, PAPA JOHNS	Crab Rangoon	Chicken, Popcorn	Tacos, Mini	Ravioli, Louisa Toasted Beef
WRAP IT UP!	Wrap, California Club	Wrap, Chicken Ranch	Wrap, Buffalo Chicken Ranch	Wrap, BLT	Wrap, Buffalo Chicken Ranch
OFF THE GRILL	Chicken Breast, Fresh Grilled Spicy	Quesadilla, Cheese & Bacon	Sandwich, Turkey & Pepperjack Hoagie	Burger, Hand Pattied	Sandwich, Grilled Cheese on Texas Toast
HOT OFF THE PRESS	Panini, Philly Roast Beef on Garlic Toast	Panini, BLT on Sourdough	Panini, Grilled Chicken Supreme	Panini, Philly Roast Beef on Garlic Toast	Panini, Chicken, Tomato, and Mozzarella
	25	26	27	28	29
HOMESTYLE FRESH	Turkey Burger, Homemade	Chicken Fajitas			
EXTRA EXTRA	Garlic Noodles	Corn, Seasoned	NO SCHOOL	NO SCHOOL	NO SCHOOL
VEGETARIAN	Cheese Sticks, Mozzarella	Pasta, Lasagna Cheese Roll ups			
DAILY SPECIAL	Chicken, Ring Things	Chicken, Strips of Fire			
WRAP IT UP!	Wrap, CBLT Chicken Bacon Lettuce Tomato	Wrap, Chicken Caesar			
OFF THE GRILL	Quesadilla, Pepper Jack Cheese	Burger, Hand Pattied			
HOT OFF THE PRESS	Panini, Chicken Bacon Ranch	Panini, BLT on Sourdough			
DAILY GRAB-N-GO	Salad Bar	Gourmet Salads	Bagels & Cream Cheese	Fresh Vegetables	Assorted Snacks
	Specialty Salad	Cold Sandwiches	Bosco Stick	Assorted Dips	Assorted Beverages
Menu Subject to Change			Yogurt Bar	Fresh Fruit/Seasonal	



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