ROSATI-KAIN HIGH SCHOOL

JANUARY 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
HOMESTYLE FRESH					
EXTRA EXTRA			NO SCHOOL	NO SCHOOL	NO SCHOOL
VEGETARIAN					
DAILY SPECIAL					
WRAP IT UP!					
OFF THE GRILL					
HOT OFF THE PRESS					
	6	7	8	9	10
HOMESTYLE FRESH	Chicken and Dumplings	Chicken, General Tso's	Chicken Bites, Hand Breaded	George's Chicken Filet	Fish, Baked Tilapia
EXTRA EXTRA	Corn, Seasoned	Rice, White	Pasta, Orzo with Parmesan	Potatoes, Au Gratin Potatoes	Pasta, Home Style Macaroni & Cheese
VEGETARIAN	Nachos Supreme	Egg Roll, Vegetable	Vegetables, Cheesy	Pig-in-a-Blanket	Fish, Shrimp Basket
DAILY SPECIAL	Chicken, Ring Things	Crab Rangoon	Pizza, Tony's Cheese	Pork, Carolina Pulled	Cheese Sticks, Mozzarella
WRAP IT UP!	Wrap, Buffalo Chicken Ranch	Wrap, CBLT Chicken Bacon Lettuce Tomato	Wrap, Chicken Caesar	Wrap, Grilled Chicken	Wrap, Veggie Lover's
OFF THE GRILL	Quesadillas, Cheese	Chicken Breast, Fresh Grilled Herb	Sandwich, Grilled Cheese on Texas Toast	Chicken Breast, Fresh Grilled Herb	Burger, with Bacon
HOT OFF THE PRESS	Panini, Ham & Pesto	Panini, Philly Roast Beef on Garlic Toast	Panini, Grilled Chicken Supreme	Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella
	13	14	15	16	17
HOMESTYLE FRESH	Taco, Soft	Meatballs, Homemade Italian		Chicken Drumsticks, Home Style	Fish, Baked Tilapia
EXTRA EXTRA	Bosco Breadstick	Vegetables, California Medley	FACULTY MEETING	Green Beans, Seasoned	Pasta, Home Style Macaroni & Cheese
VEGETARIAN	Pasta, Cheese Tortellini	Pretzel, Bites		Potatoes, Homemade Mashed	Fish, Shrimp Basket
DAILY SPECIAL	Ravioli, Louisa Toasted Beef	Chicken, Tyson Strips	NO CAFÉ	Crispito, Chicken & Cheese	Cheese Sticks, Mozzarella
WRAP IT UP!	Wrap, California Club	Wrap, Buffalo Chicken Ranch		Wrap, Grilled Chicken	Wrap, Veggie Lover's
OFF THE GRILL	Burger, Hand Pattied Mushroom & Swiss	Quesadilla, Pepper Jack Cheese		Chicken Breast, Fresh Grilled Herb	Burger, with Bacon
HOT OFF THE PRESS	Panini, BLT on Sourdough	Panini, Grilled Chicken Supreme		Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella
	20	21	22	23	24
HOMESTYLE FRESH		Mostaciolli, Homemade	Sandwich, Chicken Sliders	Chicken Parmesan, Grilled	Turkey Burger, Homemade
EXTRA EXTRA	NO SCHOOL	Potatoes, Oven Roasted Rosemary	Potatoes, Tri-Tater	Potatoes, Sophie	Garlic Noodles
VEGETARIAN		Bread, Garlic Cheese	Quiche, Spinach and Mushroom	Vegetables, Cheesy	Potatoes, Seasoned Curly Fries
DAILY SPECIAL		PIZZA, PAPA JOHNS	Pig-in-a-Blanket	Chicken, Ring Things	Chicken, Popcorn
WRAP IT UP!		Wrap, BLT	Wrap, Chicken Caesar	Wrap, Grilled Chicken	Wrap, Grilled Chicken Spinach
OFF THE GRILL		Burger, Hand Pattied	Sandwich, Grilled Cheese on Texas Toast	Chicken Breast, Grilled Seasoned	Sandwich, Grilled Cheese on Texas Toast
HOT OFF THE PRESS		Panini, Philly Roast Beef on Garlic Toast	Panini, BLT on Sourdough	Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella
	27	28	29	30	31
HOMESTYLE FRESH	Chicken Fajitas	Chicken, General Tso's	Chicken Breast, Fresh Grilled Cheddar & Bacon	Fettuccine Alfredo	Fish, Baked Tilapia
EXTRA EXTRA	Corn, Fiesta	Rice, White	Garlic Noodles	Green Beans, Seasoned	Pasta, Home Style Macaroni & Cheese
VEGETARIAN	Lo Mein, Vegetable	Egg Roll, Vegetable	Pizza, Flat Bread Cheese	Bread, Garlic Cheese	Ravioli, Louisa Breaded 4-Cheese
DAILY SPECIAL	Chicken, Boneless Drummies	Crab Rangoon	Tacos, Mini	Ravioli, Louisa Toasted Beef	Chicken, Boneless Drummies
WRAP IT UP!	Wrap, California Club	Wrap, Chicken Caesar	Wrap, Grilled Chicken	Wrap, Buffalo Chicken Ranch	Wrap, California Club
OFF THE GRILL	Chicken Breast, Fresh Grilled Spicy	Chicken Breast, Fresh Grilled Cheddar & Bacon	Chicken Breast, Fresh Grilled Cheddar & Bacon	Quesadillas, Cheese	Chicken Breast, Grilled Seasoned
HOT OFF THE PRESS	Panini, Grilled Chicken Supreme	Panini, Chicken, Tomato, and Mozzarella	Panini, Grilled Chicken Supreme	Panini, Philly Roast Beef on Garlic Toast	Panini, Chicken Bacon Ranch
DAILY GRAB-N-GO	Salad Bar	Gourmet Salads	Bagels & Cream Cheese	Fresh Vegetables	Assorted Snacks
	Specialty Salad	Cold Sandwiches	Bosco Stick	Assorted Dips	Assorted Beverages
Menu Subject to Change			Yogurt Bar	Fresh Fruit/Seasonal	

Food Service Consultants, Inc.

Serving You With Pride