



ROSATI-KAIN HIGH SCHOOL



JANUARY 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
HOMESTYLE FRESH		NO SCHOOL	NO SCHOOL	Chicken Parmesan, Hand Breaded	Chicken Drumsticks, Home Style
EXTRA EXTRA				Garlic Noodles	Green Beans, Seasoned
VEGETARIAN				Pizza, Flat Bread Cheese	Potatoes, Homemade Mashed
DAILY SPECIAL				Chicken, Breaded Nuggets	Tacos, Mini
WRAP IT UP!				Wrap, BLT	Wrap, Grilled Chicken
OFF THE GRILL				Burger, Fresh	Burger, Fresh Mushroom & Swiss
HOT OFF THE PRESS				Panini, Grilled Chicken Supreme	Panini, Ham & Pesto
	7	8	9	10	11
HOMESTYLE FRESH	Chicken and Dumplings	George's Chicken Filet		Chicken, Thigh on Skewer	Chicken Drumsticks, Home Style
EXTRA EXTRA	Corn, Seasoned	Potatoes, Au Gratin Potatoes	FACULTY MEETING	Stir Fry Vegetables	Green Beans, Seasoned
VEGETARIAN	Pasta, Lasagna Cheese Roll ups	Pretzel, Bavarian		Bosco Breadstick	Potatoes, Homemade Mashed
DAILY SPECIAL	Chicken Rings	Pork, Carolina Pulled	NO CAFÉ	Ravioli, Louisa Breaded 4-Cheese	Tacos, Mini
WRAP IT UP!	Wrap, Grilled Chicken	Wrap, Buffalo Chicken Ranch		Wrap, Chicken Caesar	Wrap, Grilled Chicken
OFF THE GRILL	Chicken Breast, Fresh Grilled Cheddar & Bacon	Burger, Fresh		Quesadilla, Cheese & Bacon	Burger, Fresh Mushroom & Swiss
HOT OFF THE PRESS	Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella		Panini, Grilled Chicken Supreme	Panini, Ham & Pesto
	14	15	16	17	18
HOMESTYLE FRESH	Chicken, General Tso's	Mostacioli, Homemade	Chicken Bites, Hand Breaded	Taco Salad in Edible Bowl	Fish, Tacos with Cabbage and Cilantro
EXTRA EXTRA	Rice, White	Vegetables, California Medley	Pasta, Orzo with Parmesan	Potato Coins	Potatoes, Parmesan Red
VEGETARIAN	Egg Roll, Vegetable	Bread, Garlic Cheese	Vegetables, Cheesy	Pasta, Cheese Tortellini	Sandwich, Grilled Cheese
DAILY SPECIAL	Crab Rangoon	Chicken, Buffalo Popcorn	Pizza, Tony's Cheese	Ravioli, Louisa Toasted Beef	Chicken Patty, Spicy
WRAP IT UP!	Wrap, California Club	Wrap, Chicken Caesar	Wrap, Chicken Ranch	Wrap, Buffalo Chicken Ranch	Wrap, California Club
OFF THE GRILL	Chicken Breast, Fresh Grilled Spicy	Quesadilla, Pepper Jack Cheese	Chicken Breast, Fresh Grilled Herb	Burger, Fresh	Chicken Breast, Fresh Grilled Spicy
HOT OFF THE PRESS	Panini, Chicken Bacon Ranch	Panini, Chicken, Tomato, and Mozzarella	Panini, BLT on Sourdough	Panini, Grilled Chicken Supreme	Panini, Chicken Bacon Ranch
	21	22	23	24	25
HOMESTYLE FRESH		Chicken Sliders	Chicken Alfredo	Taco, Soft	Turkey Burger, Homemade
EXTRA EXTRA	NO SCHOOL	Potatoes, Parmesan Red	Potatoes, Oven Roasted Rosemary	Potatoes, Tri-Tater	Garlic Noodles
VEGETARIAN		Nachos, Walking	Bread, Garlic Cheese	Quiche, Spinach and Mushroom	Potatoes, Seasoned Curly Fries
DAILY SPECIAL		Corn Dogs, Mini Turkey	PIZZA, PAPA JOHNS	Pig-in-a-Blanket	Chicken, Popcorn
WRAP IT UP!		Wrap, Buffalo Chicken Ranch	Wrap, BLT	Wrap, California Club	Wrap, Grilled Chicken Spinach
OFF THE GRILL		Burger, Fresh	Burger, Fresh Mushroom & Swiss	Chicken Breast, Fresh Grilled Spicy	Sandwich, Turkey & Pepperjack Hoagie
HOT OFF THE PRESS		Panini, BLT on Sourdough	Panini, Chicken Bacon Ranch	Panini, Philly Roast Beef on Garlic Toast	Panini, Chicken, Tomato, and Mozzarella
	28	29	30	31	
HOMESTYLE FRESH	Chicken Parmesan, Hand Breaded	Spaghetti with Meatballs	Burritos, Mini	Chicken Fajitas	
EXTRA EXTRA	Potatoes, Homemade Cheddar Mashed	Vegetable Medley	Potato, Baked	Corn, Fiesta	
VEGETARIAN	Bosco Breadstick	Pretzel, Bites	Pasta, Cheese Tortellini	Lo Mein, Vegetable	
DAILY SPECIAL	Chicken, Boneless Drumsticks	Chicken, Tyson Strips	Pizza, Tony's Pepperoni	Chicken, Breaded Nuggets	
WRAP IT UP!	Wrap, Chicken Caesar	Wrap, Grilled Chicken	Wrap, Cranberry Chicken Salad	Wrap, Chicken Ranch	
OFF THE GRILL	Chicken Breast, Grilled Seasoned	Burger, Fresh	Chicken Breast, Fresh Grilled Spicy	Sandwich, Ultimate Grilled Cheese	
HOT OFF THE PRESS	Panini, Grilled Chicken Supreme	Panini, BLT on Sourdough	Panini, Chicken Bacon Ranch	Panini, Grilled Chicken Supreme	
DAILY GRAB-N-GO	Salad Bar	Gourmet Salads	Bagels & Cream Cheese	Fresh Vegetables	Assorted Snacks
	Specialty Salad	Cold Sandwiches	Bosco Stick	Assorted Dips	Assorted Beverages
			Yogurt Bar	Fresh Fruit/Seasonal	



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