



ROSATI-KAIN HIGH SCHOOL



DECEMBER 2018

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------|---|--|--|---|---|
| | 3 | 4 | 5 | 6 | 7 |
| HOMESTYLE FRESH | Chicken Parmesan, Hand Breaded | Fettuccini Alfredo | | Chicken, Thigh on Skewer | Fish, Tacos with Cabbage and Cilantro |
| EXTRA EXTRA | Potato Coins | Green Beans, Seasoned | NO CAFÉ SERVICE | Garlic Noodles | Potatoes, Parmesan Red |
| VEGETARIAN | Quiche, Spinach and Mushroom | Bosco Breadstick | | St. Louis Hill Salad | Quesadillas, Cheese |
| DAILY SPECIAL | Chicken, Buffalo Popcorn | Macaroni & Cheese Nuggets | FACULTY MEETING | Chicken, Tyson Strips | Pizza, Tony's Cheese |
| WRAP IT UP! | Wrap, Chicken Caesar | Wrap, Chicken Ranch | | Wrap, BLT | Wrap, Veggie Lover's |
| OFF THE GRILL | Chicken Breast, Fresh Grilled Spicy | Sandwich, Turkey & Pepperjack Hoagie | | Chicken Breast, Fresh Grilled Cheddar & Bacon | Sandwich, Ultimate Grilled Cheese |
| HOT OFF THE PRESS | Panini, Ham & Pesto | Panini, BLT on Sourdough | | Panini, Chicken Bacon Ranch | Panini, Chicken, Tomato, and Mozzarella |
| | 10 | 11 | 12 | 13 | 14 |
| HOMESTYLE FRESH | Chicken, General Tso's | Taco, Soft | Chicken Bites, Hand Breaded | Turkey Burger, Homemade | Fish, Baked Lemon Pepper Tilapia |
| EXTRA EXTRA | Rice, White | Corn, Seasoned | Potatoes, Homemade Au Gratin | Pasta, Orzo with Parmesan | Pasta, Home Style Macaroni & Cheese |
| VEGETARIAN | Veggie Egg Roll | Cheese Ravioli | Pretzel with Cheese | Pasta, Cheese Tortellini | Vegetables, Cheesy |
| DAILY SPECIAL | Crab Rangoon | Chicken Rings | Chicken, Boneless Drumsticks | PIZZA, PAPA JOHNS | Cheese Sticks, Mozzarella |
| WRAP IT UP! | Wrap, Buffalo Chicken Ranch | Wrap, Grilled Chicken | Wrap, Chicken Caesar | Wrap, California Club | Wrap, Grilled Chicken |
| OFF THE GRILL | Chicken Breast, Grilled Seasoned | Chicken Breast, Fresh Grilled Southwest | Chicken Breast, Fresh Grilled Dijon | Chicken Breast, Fresh Grilled Spicy | Burger, Fresh Mushroom & Swiss |
| HOT OFF THE PRESS | Panini, Grilled Chicken Supreme | Panini, Buffalo Chicken Flat Bread | Panini, Chicken, Tomato, and Mozzarella | Panini, Philly Roast Beef on Garlic Toast | Panini, Grilled Chicken Supreme |
| | 17 | 18 | 19 | 20 | 21 |
| | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| |  |  | | |  |
| | 24 | 25 | 26 | 27 | 28 |
| | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| |  |  | | |  |
| | 31 | | | | |
| | NO SCHOOL | | | | |
| |  |  | | | |
| DAILY GRAB-N-GO | Salad Bar Specialty Salad | Gourmet Salads Cold Sandwiches | Bagels & Cream Cheese Bosco Stick Yogurt Bar | Fresh Vegetables Assorted Dips Fresh Fruit/Seasonal | Assorted Snacks Assorted Beverages |



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