# MPUS MINIST

### caritas - scientia - virtus - humilitas

### Requirements

- Yearly class retreat
- Yearly service hours

### **Retreat Dates**

- Freshmen: OCTOBER 13
- Sophomores: SEPTEMBER 22
- + Juniors: Kairos MARCH 23-25
- Seniors: FEBRUARY 25
- Absence from a retreat will require attendance at a makeup retreat

### Service Hours



what "counts" as service. Use the MobileServe app on your iPad to

log your hours.

Class of '22: 75 hours since July 2020, due Oct. 29, 2021

Class of '23: 65 hours since July 2021, due Oct. 28, 2022

Class of '24: 25 hours since July 2021, due April 11, 2022 (+60 junior/senior year)

Class of '25: 15 hours since July 2021, due April 11, 2022 (+25 soph. year, +60 junior/ senior year)

## **Discover, Grow, Lead**

R-K wants you to grow through both academic learning and formative experiences. Your spiritual life is as unique as you are. Everyone is invited to participate in the prayer life and mission of our school, following the teachings of Jesus Christ and the traditions of the Catholic faith. We grow through reflective and active practices.

Reflective

Active

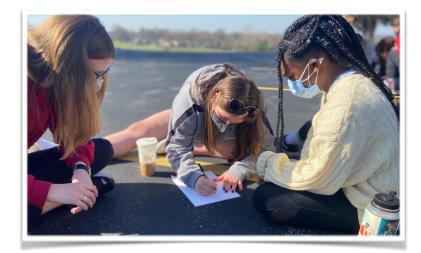
### Mass

Prayer and seasonal observances Discussions on books, movies, media Scripture study or holy works Meditative practice Retreat

Service to family, school, neighborhood, world Witness to and engagement with issues in the world around us

### Share with others

Your unique way of expressing faith, discovering the Sacred, and serving our neighbors is welcome! Try out some of Campus Ministry's leadership, service, and reflective opportunities, or suggest one of your own! Ms. Brennan is happy to help you coordinate, connect and cultivate activities that feed your soul.



### Rosati-Kain

### **New Ideas?**

- -Seeing God in Nature: prayerful hiking
- -Movie screenings/ book clubs and discussion
- -Visio Divina: studying art through a faith lens
- -Advent prayer
- -Lenten activity (prayer, service)
- -Women's Spirituality discussion
- -Catholic Q&A

### **Regular Opportunities**

Some things Campus Ministry has done

- Altar servers, readers, eucharistic ministers training
- Writing and recording gratitude prayer



- Making gingerbread houses for Catholic Charities
- Trash-to-Mats service crocheting mats for unhoused people
- Cookie drive for incarcerated folks
- Coat drive for East Side Heart & Home
- Sophomore Outreach to STL Food Outreach
- Praying with Our Feet learning pilgrimage to East St. Louis
- El Paso border trip on immigration
- Leadership training and planning of retreats
- Reconciliation services
  - •Campus Minis-TEA (tea, cocoa, coffee fellowship!)
  - •Witness for Black Lives at SLU
  - •Immersion Outreach to Belize
  - •Living Rosary
  - •Multigrade Nature Retreat
  - •Morning Prayer planning
  - •Truth & Reconciliation, Art & Expression exhibit
  - •Mark 5:29 menstrual supply ministry
  - Praying through current events

